

Ben Watson wins big at the Worlds



**Rich at the BPNS
Autumn Meeting**

**CIDP in
the news**

**York Get
Together a
success**

Rich's update

Rich Collins
Chief Executive

Hey there, hope everyone is doing well.

I'm writing this as I sit on a train heading back from a meeting with CIDP specialist nurses in Birmingham. One of the things that I have been seeking to do is build relationships with health professionals from across the country, and we made a lot of new friends today. Both myself and one of our members - Nigel - were invited to talk about GAIN and the patient experience. It was a really worthwhile trip and I'll write about it in the next edition of GAIN Lowdown in December.



Over the last few months I've had the opportunity to man the phones a lot and speak to many of you. It is the best part of this job, and it's been a privilege to listen to everyone I have spoken to. If you need anything from GAIN please don't hesitate to contact us, and do remember that we are absolutely here for you whenever you need us.

News

Our Chief Executive Rich is now a proud Associate Member of the British Peripheral Nerve Society, and joined other members for the BPNS Autumn Meeting in London. It was a great opportunity to hear the latest, network with colleagues, and understand emerging themes and issues. Rich will ensure that GAIN is represented at these meetings and events going forward, and will be looking to increase our interactions with medical and clinical professionals across the UK and Ireland.

We were pleased to see that CIDP got a mention in The Lancet Neurology this month, with a paper titled 'Targeting auto-antibodies for CIDP: hope and questions.' You need a subscription to read it, but you can see a brief summary at [https://www.thelancet.com/journals/lanneur/article/PIIS1474-4422\(24\)00362-4/abstract?dgcid=raven_jbs_etoc_email](https://www.thelancet.com/journals/lanneur/article/PIIS1474-4422(24)00362-4/abstract?dgcid=raven_jbs_etoc_email)

Ben Watson clinches Silver at the World Championships



In case you missed it, this summer our Ambassador Ben Watson was competing at the Paralympic Games in Paris. He did amazingly well getting 4th in the Time Trial, and 5th in the Road Race, an amazing achievement.

However, he wasn't done with that, and at the end of last month he competed in the World Championships in Zurich and only went and won silver!

Congratulations Ben, we are proper proud of you.

York Get Together

Our latest new Local Get Together got off to a great start last month, despite a few people not being able to make it at the last minute.

Our volunteer Jon met with two other locals in York to discuss CIDP and how they could all support each other.

We continue to find that one of the biggest issues facing our Community is people not being able to find anyone locally who understands their condition. Local Get Togethers are just one way of trying to bring people together.

There has been lots of interest in setting up new groups and we are trying to find the best way to support each emerging group, so please watch this space.

For more information on the Leeds and York Get Togethers, please email Jon at jonf@gaincharity.org.uk



AGM and Big Get Together

We are really excited about our Annual General Meeting and The Big Get Together in November. It is a real opportunity to get everyone from the GBS and CIDP Community together, catch up, and share information.

The in-person tickets have all but sold out, so if you want to come along to London, please get in quick. If you can't be there in person, please do join us online. You can register using the link below or scanning the QR code.

We look forward to seeing you there (or online).

<https://www.ticketsource.co.uk/gain>



Radisson Blu Hotel, London Canary Wharf East
Saturday 2nd November



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