Charity numbers: 1154843 & SC039900

# GUILLAIN-BARRE & ASSOCIATED INFLAMMATORY NEUROPATHIES (GAIN)

## **UNAUDITED**

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

## CONTENTS

	Page
Reference and Administrative Details of the Charity, its Trustees and Advisers	1 - 2
Trustees' Report	3 - 8
Independent Examiner's Report	9 - 10
Statement of Financial Activities	11
Balance Sheet	12
Notes to the Financial Statements	13 - 26

## REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2021

#### **Trustees**

Christopher Fuller, Chairman
Adam Pownall, Vice Chair
David Wada, Treasurer
William Harmer, Secretary
Paul Waine, Trustee
Jenny Willison, Trustee
Robin Sheppard, Trustee
Lee Raynor, Trustee
Harry Rowan, Trustee (appointed 17 October 2020)
Carol Hooper, Trustee (appointed 24 April 2021)
Susan McAllister, Trustee (appointed 17 October 2020)
Jatinder Paul, Trustee (appointed 24 April 2021)
Sally Pattinson, Trustee (resigned 1 January 2021)

#### **Charity registered numbers**

1154843 and SC039900

#### **Principal office**

Glennys Sanders House Pride Parkway Sleaford NG34 8GL

#### **Patrons**

Air Marshal Sir Ian Macfadyen KCVO CB OBE FRAeS RAF Rtd Professor Richard Hughes MD FRCP FMedSci

#### **President Emeritus**

Glennys Sanders MBE

#### Chief executive officer

Caroline Morrice

#### **Accountants**

Goodman Jones LLP Chartered Accountants 29/30 Fitzroy Square London W1T 6LQ

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

### **Bankers**

CAF Bank 25 King's Hill Avenue West Malling ME19 4JQ

## TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the Charity for the 1 April 2020 to 31 March 2021 under the Charities Act 2011. The report has been prepared in accordance with GAIN's governing document and the Statement of Recommended Practice (SORP FRS 102) Financial Reporting Standard applicable in the UK and the Republic of Ireland.

Our legal status and governance structure is explained in the 'Structure, governance and management' section of this report.

The Charity also trades under the name GAIN.

#### Objectives and activities

#### a. Policies and objectives

We are the only Charity working on behalf of people with Guillain-Barré syndrome, CIDP and the associated inflammatory neuropathies in the UK and Republic of Ireland. We are dedicated to helping people affected by these conditions through our information, peer support network and branches. We aim to support and empower people to understand and manage their condition. We are also facilitating our members to participate in trials to further the search for treatments and a cure.

The trustees confirm that they have referred to the information contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives, and in planning activities and strategy for the year ahead. The activities that we carry out to further our charitable purposes are for the public benefit.

Our objectives, as set out in our Constitution, are to relieve the needs of persons suffering from Guillain-Barré syndrome and associated inflammatory neuropathies, their families and carers in particular but not exclusively by:

- a. The provision of information, non-medical advice and other assistance;
- b. The promotion of research into the causes, prevention and treatment of Guillain-Barré syndrome and associated inflammatory neuropathies; and
- c. Advancing the awareness of the public and of the medical professions concerning Guillain-Barré syndrome and associated inflammatory neuropathies, their causes, prevention and treatment

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

## TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

#### Achievements and performance

#### a. Helping people affected by the conditions

Throughout the pandemic, the numbers of people contacting us remained similar to the previous year with 318 direct requests, however only 85 had received a diagnosis in this reporting year. This lower figure is reflective of a general reduction in confirmed cases, possibly due to people not being subjected to the more well-known triggers as there were no confirmed cases of flu, restaurants and takeaways closed, and people shielding or not meeting with other people. One to one peer support was given to 50 patients by 12 volunteers. Additionally, group peer support sessions were held weekly with numbers fluctuating between 4 and 13.

With rehabilitation services being stretched to the limit the GAIN on-line package has been very popular with those being discharged to home earlier than normally expected. Community physiotherapy was not available for most of the year and 80 people have signed up for the package, which was made possible with a grant of £20,000 from MSD. Feedback has been positive.

Those using the website saw the sessions rise from 61k last year to 96k this year with 82% being first time users. We are seeing a steady increase in followers across our social media. We had a significant increase in telephone calls, answering in a day as many or more that we would normally receive in a week, mainly from people that had previously had a diagnosis of GBS asking questions about COVID and the vaccines. This prompted the introduction of a newsletter, weekly at first reducing to monthly, focusing on COVID related information. The website was regularly updated as more information was available. The GAIN Medical Advisory Board provided regular updates and responded to the many questions generated by our callers. The vaccine programme was rolling out as we ended the year, and GAIN were starting to receive calls about reported cases of GBS following the vaccine. The BPNS were investigating these reports and would monitor throughout the vaccine rollout.

GAIN continue to work with ACES Marketing and the effect of social media reach with the need for accurate information about COVID and vaccines has been important. It has been a worrying time for those that have or have had these conditions and with much misinformation and anti-vax messages the need for GAIN to regularly publish honest and accurate information has never been greater.

We still have four active Branches in England; Lancashire & Cumbria, Yorkshire, Newcastle and the Southwest. All Branch activity was ceased, until early 2022, due to COVID and a virtual Branch set up and run by the office team on a weekly basis session rotated with a general group, an acute group and chronic group. The Lancs and Cumbria Branch continue to meet on-line, although other branches chose not to have virtual meetings. The virtual meetings have been well received and it is hoped that this will continue long after we return to a new normal.

The core objective of providing support was the primary reason the Charity was founded and still remains a primary objective. GAIN were able to react quickly to the pandemic and offer all our services in the best way for the patient.

We continue to ensure our Personal Grants Scheme is available to those in need and made grants this year to a value of £5,825. Travel to visit loved ones was infrequent as hospitals stopped visits but GAIN started to issue Amazon Echo Shows to ensure patients were able to communicate with their families.

## TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

#### Achievements and performance (continued)

#### b. Trials and research

Most trials ceased during the pandemic but once they are able to restart GAIN will ensure members are aware. he HINT research project is being compiled and GAIN is awaiting the results.

GAIN commissioned a research project through Lincoln University focusing on exploring experiences of the illness, its care and achieving function following Guillain-Barré syndrome. The results will be used to drive the future strategy for the Charity.

#### c. Marketing and engagement

GAIN have continued to provide information to hospitals and asked patients to nominate GP surgeries and hospitals to receive a pack throughout Awareness month in May. Our literature for patients and medical professionals is regularly updated to ensure that the latest updates are available, this includes the seasonal question on whether to have vaccinations. This is done in conjunction with our Medical Advisory Board.

The Chief Executive has attended regular meetings by Zoom, Teams and Starleaf with the Specialized Healthcare Alliance (SHCA), Neurological Alliance, Rare Diseases UK and NICE. This ensures that the Charity can represent patients in the ever-changing NHS to help ensure that those diagnosed do not see a reduction in the care or treatment available. The Chief Executive is a trustee of the Neurological Alliance. The Chief Executive has been co-opted onto NHS committees to represent the patient voice in determining NHS policy, treatments and care. GAIN members have taken part in surveys which are helping to raise the profile of neurology and shape the future.

The number of voting members has increased by 41 to 181 and Friends (non-voting members) have decreased slightly to 1232. We still need to watch the age profile as membership remains more popular to the older adult.

#### d. Raising funds

The Charity saw a reduction in income this year as people were unable to take part in the mass participation events that generate the highest donations, we continued to receive donations through regular giving and with the annual membership confirmation form, but no legacies. We were eligible for a grant of £2500 from the local council and also received grants from the Girdlers and MSD, which helped significantly this year.

#### e. Strategies for achieving objectives for the coming year

The Board of Trustees and Chief Executive continue to support the Strategic Plan which will be reviewed in 2021-22.

Other specific actions GAIN will undertake in the coming year are:

- to continue to raise awareness of the conditions among the general public and medical and health care professionals
- to continue to support the patient voice with the NHS
- to continue to review our information and add new information as needed
- to continue to develop our website and social media presence.
- to review our shop items to offer a range of items to help with the promotion of the Charity.
- to continue to facilitate research and trials to ensure better treatments for those affected by these devastating conditions

## TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

#### **Financial review**

#### a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees have considered the impacts that the Covid-19 pandemic may have for the Charity and it is deemed that the Charity can meet its commitments and liabilities and can continue for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

#### b. Our finances for the year 2020/21

Our financial statements for the year are shown on pages 11 to 24. A summary of the financial results for the year are set our below.

#### Incoming resources

Total income for the year was £168,994 which showed a decrease of £51,447. Income from donations and members activity decreased by £47,115.

We have not received any income from legacies this year. We will continue to offer a free will writing service.

#### Resources expended

This year has seen fewer resources expended, on research, personal grants and promotional costs. The home-based physiotherapy course secured a grant of £20,000. However, there was an excess of expenditure over income.

#### c. Investment and reserves policy

Our policy is to invest funds in the ongoing expansion of our work but to retain sufficient levels of available reserves to enable us to continue our core strategic activities in the event of a significant downturn in our income. This considers risks associated with our income streams, our ongoing investment in delivering our strategies, the varying needs of our members, longer term cash flow projections and other relevant business risks.

We have identified sufficient levels of available reserves as being 6 months of our planned expenditure. We recognize that there may be circumstances where reserve levels fall below this target range. However, if this was the case there must be a clear action plan to restore them.

Our investment policy for these reserves is reviewed by the Board on an annual basis. Our objective is to seek to produce the best financial return within an acceptable level of risk for the bulk of the assets, referred to as the 'financial investments'. The Investment portfolio is invested to directly further the Charity's aims. The performance of our investments is kept under review.

We keep our funds with UK-based institutions with strong credit rating and we keep our policy under review in the light of changes to the financial climate. The Board of Trustees has reviewed the GAIN financial positions and believes there are sufficient resources to manage any operational or financial risks.

As of 31 March 2021, our funds total £684,094 (2020: £689,782). Of this £333,126 (2020: £343,972) represents the assets of the Charity including the land and building. In line with our policy stated above we are committed to projects during 2021-22 totaling £58,727. Our policy is that we should also have in reserve a minimum of 6 months operating costs, which would amount to approx. £130,000. We calculate free reserves totaling £348,432 as at March 2021 (2020: £343,174).

## TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

#### Structure, governance and management

#### a. Constitution

Guillain-Barre & Associated Inflammatory Neuropathies (GAIN) was founded in 1985 and rebranded in 2014. The Charity is a Charitable Incorporated Organisation and is regulated by the Charity Commission in England and Wales - no 1154843 and the Office of the Scottish Charity Regulator - no SCO39900.

#### b. Board of Trustees

Our governing body, the Board of Trustees (the Board), is responsible for the overall governance and work of the Charity.

Our trustees are volunteers and do not receive any remuneration for their services but may claim reasonable expenses incurred through attending meetings or other duties. The Board usually meets 4 times each year and is responsible for directing the affairs of the Charity and ensuring that it is solvent, well run and delivers the charitable outcomes for the benefit of people affected by GBS, CIDP and the related conditions. Trustees who served during the year are listed on page 1.

The Board may include up to 12 trustees at any one time. Trustees can be recruited from within the membership or from outside. Trustees are appointed for 3 years and can serve a maximum of three terms. The Trustees are elected by the membership at the Annual General Meeting.

#### c. Policies adopted for the induction and training of Trustees

Potential trustees attend an interview to assess their suitability for the role. At this interview they are also told about the responsibilities of Trustees; the Constitution and other documentation; the financial situation; and existing strategy. If the Board is satisfied and the applicant wishes to proceed they are asked to attend the next meeting as an observer. Successful applicants are then invited to join and are co-opted until the next AGM at which time they may stand for election.

#### d. Organisational structure and decision making

The Board delegates operational planning and day-to-day management of the Charity to the Chief Executive, supported by the Charity's staff. This authority is delegated within approved limits. Staffing levels are three full time.

### e. Financial risk management

We have a comprehensive risk register which takes into account plans and strategies for mitigating risk. The register is reviewed throughout the year by the Chief Executive who updates the Board on the status of the key risks as part of the regular reporting to each Board meeting.

## TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

#### Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales and Scotland requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the Memorandum of Association. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Christopher Fuller Chairman

Date: 21 September 2021

4/25

#### INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

## Independent Examiner's Report to the Trustees of Guillain-Barre & Associated Inflammatory Neuropathies (GAIN) ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021.

#### Responsibilities and Basis of Report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ('the 2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) ('the 2006 Accounts Regulations') and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Charity's accounts carried out under section 44(1)(c) of the 2005 Act and section 145 of the 2011 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the 2006 Accounts Regulations and all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent Examiner's Statement**

Since the Charity has prepared its accounts on an accruals basis and is registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the 2006 Accounts Regulations. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Charity as required by section 44(1)(a) of the 2005 Act, Regulation 4 of the 2006 Accounts Regulations, and section 130 of the 2011 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of Regulation 8 of the 2006 Accounts Regulations and the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities

## INDEPENDENT EXAMINER'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(Accounts and Reports) Regulations 2008 and Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Dated: 21.09.2021

Signed:

Julian Flitter FCA

Goodman Jones LLP Chartered Accountants 29/30 Fitzroy Square London

London W1T 6LQ

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:				
Donations and legacies	3	165,174	165,174	212,289
Other trading activities	4	3,540	3,540	6,325
Investments	5	4,077	4,077	1,827
Total income		172,791	172,791	220,441
Expenditure on:				40.004
Raising funds		9,824	9,824	12,261
Charitable activities		178,847	178,847	238,787
Total expenditure		188,671	188,671	251,048
Net expenditure before net gains/(losses) on investments		(15,880)	(15,880)	(30,607)
Net gains/(losses) on investments		10,192	10,192	(4,191)
		(5,688)	(5,688)	(34,798)
Net movement in funds				
Reconciliation of funds:		689,782	689,782	724,580
Total funds brought forward		(5,688)	(5,688)	(34,798)
Net movement in funds				(0.,.00)
Total funds carried forward		684,094	684,094	689,782
i otal lallas callica loi wala				

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 13 to 26 form part of these financial statements.

### BALANCE SHEET AS AT 31 MARCH 2021

	Note		2021 £		2020 £
Fixed assets					
Tangible assets	10		333,126		342,875
Investments	11		109,767		95,778
		<del>-</del>	442,893	_	438,653
Current assets					
Debtors	12	5,085		7,697	
Cash at bank and in hand		302,633		337,938	
	_	307,718	_	345,635	
Creditors: amounts falling due within one year	13	(66,517)		(94,506)	
Net current assets	_		241,201		251,129
Total assets less current liabilities		<u>-</u>	684,094	<u>-</u>	689,782
Total net assets		=	684,094	=	689,782
Charity funds					
Restricted funds	14		-		-
Unrestricted funds	14		684,094		689,782
Total funds		_	684,094	_	689,782

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

**Christopher Fuller** 

Chairman

Date: 21 September 2021

The notes on pages 13 to 26 form part of these financial statements.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 1. General information

Guillain-Barré & Associated Inflammatory Neuropathies (GAIN) is a Charitable Incorporated Organisation Registered in England and Wales. The principal office address is Glennys Sanders House, Pride Parkway, Sleaford NG34 8GL.

## 2. Accounting policies

#### 2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements have been prepared under the historical cost convention with item recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest  $\mathfrak{L}$ .

Guillain-Barre & Associated Inflammatory Neuropathies (GAIN) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

#### 2.2 Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees have considered the impacts that the Covid-19 pandemic may have for the Charity and it is deemed that the Charity can meet its commitments and liabilities and can continue for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 2. Accounting policies (continued)

#### 2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

#### 2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

#### 2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 2. Accounting policies (continued)

#### 2.6 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Freehold property (excluding

land)

Property fixtures and fittings

Office equipment

- Straight line over 50 years

- Straight line over 10 years

25% straight line

#### 2.7 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

## 2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### 2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### 2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### 2. Accounting policies (continued)

#### 2.11 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

#### 2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

#### 2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

#### 3. Income from donations and legacies

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Donations	136,024	136,024	212,289
Grants	29,150	29,150	-
	165,174	165,174	212,289
Total 2020	212,289	212,289	

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

4.	Income from other trading	activities				
	Income from fundraising e	events				
				Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
	Sales of cards and goods			3,540	3,540	6,325
	Total 2020			6,325	6,325	
5.	Investment income					
				Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
	Investment income			4,077	4,077	1,827
	Total 2020			1,827	1,827	
6.	Analysis of expenditure by	v activities				
		Activities undertaken directly 2021 £	Grant activities 2021 £	Support costs 2021 £	Total funds 2021 £	Total funds 2020 £
	Research and raising awareness	26,628	370	151,849	178,847	238,787
	Total 2020	<u>45,833</u>	53,967	138,987	238,787	

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

## 6. Analysis of expenditure by activities (continued)

## **Analysis of direct costs**

	Raising awareness 2021 £	Total funds 2021 £	Total funds 2020 £
Group magazine	4,716	4,716	6,041
Group publication & other costs	16,192	16,192	25,158
Website & database costs	-	-	2,711
Welfare	5,720	5,720	11,923
	26,628	26,628	45,833
Total 2020	45,833 ===================================	45,833	

## INDEPENDENT EXAMINER'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(Accounts and Reports) Regulations 2008 and Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Dated: 21.09.2021

Signed:

Julian Flitter FCA

Goodman Jones LLP Chartered Accountants 29/30 Fitzroy Square London

London W1T 6LQ

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

## 6. Analysis of expenditure by activities (continued)

## Analysis of support costs

	Raising awareness 2021 £	Total funds 2021 £	Total funds 2020 £
Staff costs	109,606	109,606	88,238
Depreciation	13,479	13,479	12,952
Miscellaneous	414	414	1,473
Meeting expenses	-	-	690
Licenses & Subscriptions	1,117	1,117	951
Rent & Service Charge	520	520	(360)
Telephone & Computer	4,920	4,920	6,105
Print & Postage	10,821	10,821	13,168
Insurance	1,702	1,702	505
Equipment Hire	3,206	3,206	2,671
Travel	-	-	3,271
Legal & Professional	961	961	1,809
Bank Charges	888	888	1,009
Independent examination	2,300	2,300	2,500
Office Costs	1,856	1,856	2,552
Governance costs - Trustees travel reimbursed	59	59	1,453
	151,849	151,849	138,987
Total 2020	138,987	138,987	

## 7. Analysis of grants

	Grants to Institutions 2021 £	Total funds 2021 £	Total funds 2020 £
Grants awarded	<u>370</u>	370	53,967
Total 2020	53,967	53,967	

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

<ol><li>Analysis of grants (continue)</li></ol>	ued)
---	------

8.

The Charity has made the following material grants to institutions during the year:

	2021 £	2020 £
Name of institution	2	٤
Manchester Metropolitan University	_	43,108
University College London	-	8,359
Neurological Alliance	-	2,500
		53,967
Other grants to institutions	370	-
	370	53,967
Staff costs		
	2021 £	2020 £
Wages and salaries	100,000	81,685
Social security costs	7,136	4,694
Contribution to defined contribution pension schemes	2,470	1,859
	109,606	88,238
The average number of persons employed by the Charity during the year was	as follows:	
	2021 No.	2020 No.
Management and administration	3	3

No employee received remuneration amounting to more than £60,000 in either year.

Total remuneration including national insurance and pension contributions in respect of key management personnel totalled £62,690 (2020: £50,005).

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### 9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, expenses totalling £59 were reimbursed or paid directly to 1 Trustee (2020 - £1453 to 4 Trustees) in respect of travel costs for meetings.

## 10. Tangible fixed assets

	Freehold property £	Property Fixtures and fittings £	Office equipment £	Total £
Cost or valuation				
At 1 April 2020	278,350	76,668	5,659	360,677
Additions	-	-	3,730	3,730
At 31 March 2021	278,350	76,668	9,389	364,407
Depreciation				
At 1 April 2020	4,884	9,069	3,849	17,802
Charge for the year	3,907	7,667	1,905	13,479
At 31 March 2021	8,791	16,736	5,754	31,281
Net book value				
At 31 March 2021	269,559	59,932	3,635	333,126
At 31 March 2020	273,466	67,599	1,810	342,875

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

11.	Fixed	asset	investments

			Unlisted investments £
	Valuation		
	At 1 April 2020		95,778
	Additions		3,797
	Revaluations		10,192
	At 31 March 2021		109,767
	Net book value		
	At 31 March 2021		109,767
	At 31 March 2020		95,778
12.	Debtors		
		2021 £	2020 £
	Due within one year		
	Other debtors	4,700	7,382
	Prepayments and accrued income	385	315
		5,085	7,697

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 13. Creditors: Amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	2,741	2,581
Accruals and deferred income	5,049	5,948
Grants payable - institutional	58,727	85,977
	66,517	94,506

#### Grants payable relate to:

- an ongoing research grant to Dr Claire White of Kings College London scheduled to finish in the next
- an ongoing University College London research project an ongoing Manchester Metropolitan University research project
- hospital bed project scheduled for final payment in the next year

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 14. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 March 2021 £
Unrestricted funds						
Designated funds						
Play - Getting Better Slowly	1,753	_	-	-	-	1,753
Kent Branch	353	-	-	-	-	353
Lancashire Branch	100	-	-	(100)	-	-
West Midlands Branch	430	-	-	-	-	430
Property fund	343,972	-	-	(10,846)	-	333,126
	346,608	<u>-</u>	-	(10,946)	-	335,662
General funds						
General Funds	343,174	168,994	(188,671)	10,946	13,989	348,432
Total Unrestricted funds	689,782	168,994	(188,671)		13,989	684,094

### Designated funds:

Play Getting Better Slowly - this fund is to support a play about Guillain Barre Syndrome in order to improve awareness.

Branches Funds - these are funds held centrally and raised by the branches for their use.

Property fund - this fund reflects the net book value of the property held by GAIN..

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

## 14. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 March 2020 £
Unrestricted funds						
Designated funds						
Play - Getting Better Slowly	1,753	_	-	-	-	1,753
Kent Branch	353	-	-	-	-	353
Lancashire Branch	100	-	-	-	-	100
West Midlands Branch	430	-	-	-	-	430
Property fund	336,973	-	-	6,999	-	343,972
	339,609	-	<u> </u>	6,999	-	346,608
General funds						
General Funds	384,971	220,441	(251,048)	(6,999)	(4,191)	343,174
Total Unrestricted funds	724,580	-	(251,048)	-	(4,191)	689,782

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 15. Analysis of net assets between funds

#### Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	333,126	333,126
Current assets	417,485	417,485
Creditors due within one year	(66,517)	(66,517)
Total	684,094	684,094
Analysis of net assets between funds - prior year		
	Unrestricted	Total
	funds	funds
	2020 £	2020 £
Tangible fixed assets	342,875	342,875
Fixed asset investments	95,778	95,778
Current assets	345,635	345,635
Creditors due within one year	(94,506)	(94,506)
Total	689,782	689,782

#### 16. Pension commitments

The Charity operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £2,470 (2020 - £1,859). Contributions totalling £nil (2020 - £241) were payable to the fund at the balance sheet date and are included in creditors.

### 17. Related party transactions

Other than disclosed above or elsewhere in these financial statements, there were no other transactions with related parties requiring disclosure.